

Adult Activities

Arts & Crafts

Floor Cloths

Friday, September 26 Saturday, September 27
6:00pm - 9:00pm 9:00am - 3:00pm

Cost: \$25
Ages: Teens & Adults
Instructor: Michelle Taylor

Learn floor cloth design and techniques by creating your very own floor cloth! An ample supply of stencils available or bring your own ideas. You will learn the process from start to finish and you'll leave with a beautiful floor cloth to use in your own home. Bring a sack lunch on Saturdays.



Book Club
Eastdale Book Club

Starts Tuesday, October 7
Every 2nd Tuesday at 6:00pm
Contact Michelle Taylor for a book list.

Would you like to offer a class at the Eastdale Recreation Center? Everyone is welcome to propose instructing a new class for pre-school, youth, teens, or adults. Please mail us your information or visit the Eastdale Recreation Center. In your proposal, please include a detailed course description, day(s) of the week the class will be held, time, length of program, cost, minimum # of participants, supplies needed, and references.

Fitness/Wellness
Creative Movement For Teens

Every Thursday at 3:00pm

Get or stay in shape by learning some of today's dance moves!

Walking Club for Adults
Mondays, Wednesdays, & Fridays
9:00am - 10:00am or 5:30pm - 6:30pm

For walkers of all fitness levels. Logs are available at the office so that you can chart your miles. T-shirts will be given to participants who walk for 100, 300, and 500 miles.

Athletics
Late Night Hoops for Teens
Starting September 19
Every Friday, 9:00pm - 11:00pm



Adult Co-Ed Volleyball
October & November
Every Monday, 7:00pm - 8:30pm

Women's Competitive Basketball League
Starts in December
Every Monday at 7:00pm

Eastdale Men's Basketball League
Coaches Meeting on Wednesday, September 3
6:00pm
Minimum 8 players per team. Cost: \$175 per team.

2003



Fall/Winter

Eastdale
Recreation
Center



PARKS
RECREATION
ARTS
CULTURE

1312 Moss Drive
Chattanooga, TN
37407

(423) 697-1289

www.chattanooga.gov/cpr



Children's Activities

Arts & Crafts



Parents Night Out

"Sea Monsters"

Friday, October 3

6:00pm - 9:00pm

Ages: 6 to 12

Cost: \$5 per child

Kids enjoy underwater adventure of fun when they sculpt sea creatures out of self hardened clay, and create paper Mache tropical fish. Wear old clothes. You will get messy. Refreshments provided.

Parents Night Out

"Super Chefs!"

Friday, October 17

6:00pm - 9:00pm

Ages 6 to 12

Cost: \$5 per child



Kids feel like chefs as they learn to assemble and eat pizza and edible stained glass! Wear old clothes. You will get messy. Refreshments provided.

Parents Night Out

"Card Sharks!"

Friday, December 5

6:00pm - 9:00pm

Ages 6 to 12

Cost: \$5 per child

Kids enjoy making and decorating their own Christmas cards for family and friends. Each child can create up to 4 cards. Wear old clothes. You will get messy. Refreshments provided.

Parents Night Out

"Holiday Movies"

Friday, December 19

6:00pm - 9:00pm

Ages 6 to 12

Cost: \$10 per child

Kids will enjoy watching old classics such as Rudolph and Frosty! Bring a blanket or sleeping bag.



Holiday Events

Halloween Carnival

Friday, October 31

6:00 pm - 9:00 pm

Food, Fun, and Games

Children under 12 will receive a bag of 'treats'
Carnival type games will be played.

Everyone is welcome!

FREE! FREE! FREE!

Breakfast With Santa

Children 10 & younger, along with their parents are invited to join us for a delightful breakfast with Santa and his helpers. After a delicious breakfast, each child will have the opportunity to sit on Santa's lap and give their Christmas wish list. Everyone will have their pictures made with Santa and will receive a Christmas goody bag to take home. Don't miss out on this Wonderful opportunity for you and your child to spend time together with Santa Claus. Date: TBA

Fee: \$ 5 per child (parents free)

Classes/Activities

"Pop Dancing for Kids"

Every Tuesday, 5:00pm - 6:00pm

November 3, 10, 17, & 24

Learn the hip moves of top stars. They try your hand at this beginners pop dance class. It is very important not to miss any of the lessons. Space is limited to 15 children.

It's Story Time with "Granny Gray"

Friday, October 24 & Friday,
November 21

10:00am - 10:30am

Cost: \$1

Ages: PreSchool.

Pre registration required.



Kids will be entertained when stories come to life!